Prayer Worksheet to Resolve Brokenness Using Words of Knowledge

*The Spirit of the Lord GOD is upon me. The LORD has anointed me to bring good news to the afflicted parts within me. He has sent me to bind up broken areas, to proclaim liberty to captive areas and freedom to parts within which are being held prisoner. Today is my day of release! (Isaiah 61:1, paraphrase)*

**Principles: Prayer is most effective when** applied directly to the point in time at which the wound occurred and when the broken, captive part has direct encounters with Jesus.

**In simple childlike faith** I accept the flowing thoughts, pictures, emotions and physical sensations coming to me as God’s words of knowledge, **since my eyes are fixed on Jesus.**

## Seven prayer steps to resolve brokenness (Steps 1-3 may be sufficient)

If accustomed to [two-way journaling](https://www.cwgministries.org/Four-Keys-to-Hearing-Gods-Voice), it may be easiest to journal as you pray through these steps. Make these **heart** prayers, meaning believe, see and feel them. These prayers can be spoken or simply the intention of your heart. Use this in daily devotions for a while till no more issues come up.

1. **Lord, what physical, emotional or spiritual symptom do you want to address?** a) [Brokenness issue as listed here](https://www.cwgministries.org/sites/default/files/files/OpenDoors-fromChesterKylstra.pdf) **OR** b) [Symptom as listed here](https://www.cwgministries.org/sites/default/files/files/Covenant%20Blessings%20for%20hearing%20and%20obeying%20God.docx). While viewing these lists we ask You, Holy Spirit, to illumine the item in the lists that are contributing to the symptom which You want to address and then show me where this entered my family line. Listen to His response.

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| * *Record broken area or symptom here…*
* *When did this enter my family line…*
* *I choose to honor, forgive, release and bless this person who opened the door for this to enter my family line. I also honor, forgive and release myself from the guilt and sin of coming into agreement with this brokenness.*
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1. **Healing broken areas** – Holy Spirit, go into **ALL** **areas of brokenness** for **this particular level**, and heal them. Include those parts and alters I may not necessarily be aware of.

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| *Tune to flow and cooperate with what you see Jesus doing! (Inner healing, dismissing demons, repenting of lies believed, seeing and feeling your soul being knit back together, etc.). You may want to record what you experience in this box...* |

1. **Additional levels of brokenness** –Lord are there additional earlier generations which also have brokenness in them that need to be released? If He shows you another level, respond with Prayer Step 2. Continue asking this same question until He says that all generations are clear.

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| *Tune to flow and cooperate with what you see Jesus doing! (Inner healing, dismissing demons, repenting of lies believed, seeing and feeling your soul being knit back together, etc.)* |

1. **Is there a stronghold present locking the alter in place?** ([Brokenness issue as listed here](https://www.cwgministries.org/sites/default/files/files/OpenDoors-fromChesterKylstra.pdf))If the above prayers are not providing a release, ask “Holy Spirit, what stronghold (a group of interwoven lies) am I or my spouse believing that allows these broken parts or alters to remain?” Repent and renounce the lies, and speak God’s truth which counters the lies. In the prayer of repentance we always include ourselves, our ancestors, our spouse and their ancestors. Command demons to leave in Jesus’ name, then dismiss the alter.

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| * *Lord, what lies have I believed that I need to repent of? I repent of these lies (state them specifically) and renounce them and their power over me.*
* *I extend forgiveness and cleansing toward myself for embracing these lies.*
* *Lord, what are Your countering truths (state them specifically). I embrace and speak Your truth which counters these lies (state them specifically).*
* *I command all demons anchored to these lies to leave now, in Jesus’ name.*
* *I dismiss the alter in Jesus’ name.*
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1. **I release healing** to those broken parts within me that were in captivity.

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| ***Prayer:*** *Lord, I thank You for removing the power of the negative words that I and others have spoken over my broken inner parts and places of my captivity. I also thank You for removing any negative words said likewise over my ancestors and I thank You for healing not only my brokenness but also the brokenness within my generational line. I also thank You for doing the same for my spouse, for my children and for all my relatives. In Jesus’ name I dismiss all demonic forces that were connected with this sin and I ask the Holy Spirit to fill and take control of these areas from this day on. Lord knit my being back together in Jesus’ name. (Feel this release, deliverance, and healing taking place.)* |

1. **If I sense that curses are involved** – I break off witchcraft or mind control spirits that reside over the **broken and captive areas**:

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| ***Prayer:*** *Lord, I forgive and release and choose to honor and bless each person that is being used by the enemy to curse and control me. I send healing to their brokenness and release them from their captivity.* *I release these curses and mind control spirits from me. I also release healing to my own brokenness and release any captivity within me and my generational line and my spouse’s generational line. (Tune to flow, see and feel this release, deliverance and healing taking place.)* |

1. **If the healing process appears stalled,** I ask, “Holy Spirit, would You ‘highlight’ from the additional prayer approaches listed below the one You would have me take to continue moving forward in this healing process?” [Sending angels](https://www.cwgministries.org/blogs/activating-angels-your-city-0), [replacing beliefs](https://www.cwgministries.org/blogs/new-creation-celebration-replacing-beliefs), [clearing cellular memories](https://www.cwgministries.org/blogs/healing-cellular-memories-worksheet), [resting](https://www.cwgministries.org/blogs/would-you-enjoy-getting-immersed-holy-spirit), [soaking](https://www.cwgministries.org/blogs/soaking-dr-john-arnott-and-dr-mark-virkler), [soaking in God’s healing stream](https://www.cwgministries.org/blogs/would-you-enjoy-getting-immersed-holy-spirit), [throne room worship](https://www.cwgministries.org/blogs/leading-worshipers-throne-room), [inner healing](https://www.cwgministries.org/blogs/inner-healing-prayer-heals-painful-scenes-your-heart-and-mind), [binding interfering demons](https://www.cwgministries.org/blogs/deliverance-demons-through-revelation-based-power-encounter), [two-way journaling](https://www.cwgministries.org/Four-Keys-to-Hearing-Gods-Voice), seeking [revelation through a dream](https://www.cwgministries.org/blogs/daesi-dream-work-method), [replacing emotions](https://www.cwgministries.org/blogs/new-creation-celebration-replacing-emotions), [fasting](https://www.cwgministries.org/blogs/fast-and-your-health-will-spring-forth-speedily), [speaking words of faith](https://www.cwgministries.org/blogs/7-step-word-faith-miracle-model), [praise](https://www.cwgministries.org/blogs/breaking-agreement-lies-enemy-opens-door-miracle), [thankfulness](https://www.cwgministries.org/blogs/positional-prayers-forgiveness-victory-thankfulness-and-rejoicing), [Emotional Freedom Techniques](https://www.cwgministries.org/emotional-freedom-technique-eft-effective-and-biblical), [roaring & prophetic actions](https://www.cwgministries.org/blogs/you-need-roar-your-enemy) or [speaking in tongues](https://www.cwgministries.org/blogs/health-benefits-speaking-tongues). Lord, do I need to seek out advice from wise spiritual or health counselors? Do I need to adjust my nutrition?

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| *Type here the prayer approach God is asking you to use, and then apply it…* |

## Maintain healing: Three follow-up steps

1. **I create a** [**memorial of God’s healing/victory**](https://www.cwgministries.org/blogs/create-memorials-which-commemorate-gods-victory) as a testimony to myself and all future generations by recording **what I experienced** as I went through the prayers resolving the brokenness.

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| *Create this memorial summary by copying and pasting into this box the information you have recorded in the previous 7 prayer boxes…*  |

1. **I review my healing experience the following day to deepen it.**

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| *Type up what you do, see, feel and experience as you prayerfully review your healing encounter…* |

1. **I express daily thankfulness for the healing.** Thankfulness lets me continually bask in God’s healing energy. Now that fragmented parts have been integrated and demons and curses dismissed, destructive continuous wounding has quit and healing can proceed to damaged areas in my soul and body. See blogs on [Breaking Agreement with Lies of the Enemy](https://www.cwgministries.org/blogs/breaking-agreement-lies-enemy-opens-door-miracle) and [Positional Prayers of Forgiveness, Victory, Thankfulness and Rejoicing Attract Miracles](https://www.cwgministries.org/blogs/positional-prayers-forgiveness-victory-thankfulness-and-rejoicing).

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| *I proclaim that this is the favorable day of the LORD in my life as God has healed up broken parts within me! It is also the day of the judgment of God upon sin, curses and tormenting demons that were fueling this brokenness. God* ***has*** *replaced my mourning with praise and the oil of gladness! I put on a mantle of praise which replaces the spirit of fainting. I am now an oak of righteousness, planted by the LORD, glorifying Him! (Paraphrase from Isaiah 61:1-3)* |